

www.himalayanprojects.org



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Nepal, one of the world's most beautiful countries is also one of its poorest countries. Sandwiched between Tibet and India, with merely a strip of flat lands in the south it quickly rises to steep hills resulting in most of the world's highest mountains.

It is hard to survive here with little industry, few jobs, social inequality (caste-system), thus depending largely to sustained farming, day-jobs and modern slave-jobs abroad. With hardly any social and medical help, few pensions and loan-sharking very few options are open to develop personally or as a community.



This is why a group of foreign volunteers established this non-profit organization/Bikas with small-scale projects trying to stimulate and change. Basic needs such as health-services, schools, access to drinking water and reconstruct after the 2015 NEPALQUAKE are our main goals. Making a difference with:

Ripples in an ocean of mountains.

### How it all started...



With one question to a very little town called Chitre on one of the world's most beautiful walks: The Annapurna-Ghorepani/Pun Hill trail: "What would this village mostly need?" Reply: "A school for our young ones!"

So, after agreeing with the locals on a suitable location, settling a budget, timeframe and building-plan we collected the



necessary funds and started building. The labour was volunteered by the village-people, giving them equal involvement and responsibility.



Sturdily built with local materials it has 5 classrooms, teacher's office and store room, septic toilets and drinking water. In 1999 we

inaugurated the "Shree Lali Gurans Primary School" and now provide free education. We also added sport-fields and a youth club.

Regularly we send volunteer-teachers to uplift the teaching level of this school. Nearby we constructed a safe bridge, a small house for local orphans, and built and helped other schools nearby or gave computers...



### Setting up medical health-posts...



To provide basic medical facilities is our second aim. By the end of 2006 the 'Shree Shanti Medical Hall and Dental Clinic' was up and running in Chitre, Myagdi, staffed by a local nurse (Sasina Pun) and supported by volunteer-doctors and dentists from abroad.

Additionally we installed a dental cabinet and every year our Bsurre-team visits with doctors and dentists to help and organise training for her and give family planning and health education.

Our Bsurre-team at work: U2?.



Maybe you want to volunteer too as a volunteer doctor or dentist and experience a truly uplifting life changing experience roaming around remote villages in unique cultures and landscapes?

Welcome to join or sponsor our free medical camps.



For our Schools, Medical Posts, Dental and Medical Camps and Study- & Emergency Fund.

## You can really help!

Volunteer or donate to our project account:  
IBAN: be14 3800 1081 6783 BIC-code  
BBRUBEBB - ING Belgium (for example:  
Sponsor a schoolchild for €20.00 monthly)

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हिमालयन परियोजना नेपाल



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## NEPALQUAKE of 25/4/2015.



trucks full of basic food and house supplies, medicine and building materials for shelters. Our volunteer doctors and



reconstructing by setting up safe drinking water supply systems and rebuilding schools.



drinking water.

In Myagdi's Bhamikele we built a school for higher earthquake-proof education.



On 25 April 2015, a devastating earthquake shook the heart of Nepal. We, the **Bsure-team**, immediately set off to help victims in the remote areas with



nurses took care of the wounded and sick and supplied the local Red Cross. After the initial **emergency relief**, we started



## Some other projects highlighted:

In the south landless people had no water so a solar powered boring water pit and storage tanks with purification filter was installed in Jutpani for real



Near Everest we made a concrete foot bridge over the Dan river for safe passage to hundreds of schoolchildren a day.

## So, our aims are:

mainly to provide structural help to the indigenous peoples of the Himalayas regardless of their social (caste), political, financial and cultural or religious status with special attention to deprived groups like low-casts, women and children. To stimulate growth and awareness, especially in the more remote areas.



## Our Study- and Emergency Fund.

One time donations and money raised through benefits give opportunities for poor students to access higher education. Our Emergency fund helps for hospitalisation our e.g. kidney-transplant to one of our students.

## With a little help from our friends?

Sustaining and conserving the ancient indigenous cultures of the Himalaya is one of our prime goals. We therefore try to complement subsistent farming communities with basic facilities to enhance their survivability to acceptable levels. However, nothing is achievable without your support.

Large structural constructions pre-financed by institutional agencies. Individual donors are crucial for funding Relief Aid, school costs, our Study- and Emergency Fund and our free medical camps. Social clubs and foreign schools help as well. Some supporters organise solidarity-parties or donate some of their anniversary gifts. Your help is most welcome, so please call on us for any enquiries and donations.



Volunteer are also welcome, esp. teachers, doctors and dentists. See our website [himalayanprojects.org](http://himalayanprojects.org) or on Facebook: [facebook.com/HimalayanProjectsVZW](https://www.facebook.com/HimalayanProjectsVZW).

**Hope to hear from you soon!**